

ENGLISH
SYLLABUS(2025-26)

LEARNING OBJECTIVES:

- To enable the students read, comprehend, analyse the written text and demonstrate effective word choice, vocabulary, grammar and sentence structure allowing accurate communication of meaning in written work.
- To focus on and develop the four skills: listening, speaking, reading and writing.
- To develop an interest in literature and appreciation for the same.

PRESCRIBED BOOK:

Main text: Flamingo

Supplementary text: Vistas

Month	Course
April	<p style="text-align: center;">FLAMINGO</p> <p>Ch1. The Last Lesson Ch 2. Lost Spring Poem 1. My Mother at Sixty-Six</p> <p style="text-align: center;">VISTAS</p> <p>Ch 1: The Third Level Ch 2: Journey to the End of the Earth Ch 3: The Tiger King</p> <p style="text-align: center;">WRITING SKILLS</p> <p>Notice Writing Letter to Editor Article Writing</p>
May	<p style="text-align: center;">FLAMINGO</p> <p>Ch 3. Deep Water Ch 4. The Rattrap Poem 2 A Thing of Beauty</p> <p style="text-align: center;">VISTAS</p> <p>Ch 4. The Enemy</p> <p style="text-align: center;">WRITING SKILLS</p> <p>Invitations Poster Drafting</p> <p style="text-align: center;">READING SKILLS</p> <p>Unseen Comprehension</p>

July	<p>FLAMINGO</p> <p>Poem 5: Aunt Jennifer's Tigers Ch5:Indigo Ch 7: The Interview</p> <p>VISTAS</p> <p>Ch 6. On the Face of it</p> <p>WRITING SKILLS</p> <p>Job Application Debate/ Speech Writing</p> <p>READING SKILLS</p> <p>Unseen comprehension</p>
August	<p>FLAMINGO</p> <p>Poem 3 Keeping Quiet Ch : Poets and Pancakes</p> <p>WRITING SKILLS</p> <p>Report Writing</p>
September	REVISION
October	<p>FLAMINGO</p> <p>Poem 5: A Roadside Stand</p> <p>VISTAS</p> <p>Ch 6 Going Places Ch 8.Memories of Childhood</p> <p>WRITING SKILLS</p> <p>Advertisements Poster Drafting</p> <p>READING SKILLS</p> <p>Unseen comprehension</p>
November	REVISION
December	<u>REVISION OF COMPLETE SYLLABUS</u>
January	<u>REVISION OF COMPLETE SYLLABUS</u> <u>DISCUSSION OF SAMPLE PAPERS</u>

<u>Unit test-I</u>	<p style="text-align: center;">FLAMINGO</p> <p>Ch1. The Last Lesson Poem 1: My Mother At Sixty Six</p> <p style="text-align: center;">VISTAS</p> <p>Ch 1 The Third Level</p> <p style="text-align: center;">WRITING SKILLS</p> <p>Notice Writing Letter to Editor</p> <p style="text-align: center;">READING SKILLS</p> <p>Unseen Comprehension</p>
<u>Unit test-II</u>	<p style="text-align: center;">FLAMINGO</p> <p>Ch 4. The Rattrap Poem 2 An Elementary School Classroom in a Slum</p> <p style="text-align: center;">VISTAS</p> <p>Ch 1: Lost Spring Ch 2: Journey to the End of the Earth</p> <p style="text-align: center;">WRITING SKILLS</p> <p>Invitations Report Writing</p>
<u>Term-I</u>	<p style="text-align: center;">FLAMINGO</p> <p>Ch1. The Last Lesson Ch 2. Lost Spring Ch 3. Deep Water Ch 4. The Rattrap Ch5.Indigo Ch : Poets and Pancakes</p> <p>Poem 1. My Mother at Sixty Six Poem 2 Keeping Quiet Poem 4 A Thing of Beauty Poem 6. Aunt Jennifer's Tigers</p> <p style="text-align: center;">VISTAS</p> <p>Ch1 : The Third Level Ch 2: Journey to the End of the Earth Ch 3 The Tiger King Ch 4. The Enemy</p>

PHYSICS XII

SYLLABUS

LEARNING OBJECTIVES:

- To stimulate the interest of students in physics
- To develop scientific temperament in the students.
- To create an understanding & awareness about scope of physics.
- To develop curiosity & a spirit of enquiry among students.

MONTH	COURSE CONTENT
April	Ch: 1 Electric Charge and Fields Ch: 2 Electrostatic Potential and Capacitance Ch: 3 Current Electricity
May	Ch: 4 Moving Charge and Magnetism Ch: 5 Magnetism and Matter Ch: 6 Electromagnetic Inductions
July	Ch: 6 Electromagnetic Inductions Ch: 7 Alternating Current Ch: 8 Electromagnetic Wave
August	Ch: 9 Ray Optics and Optical Instrument Ch: 10 Wave Optics
September	Ch: 10 Wave Optics Ch: 14 Semiconductor Electronics: Material Devices and Simple Circuits

October	Ch: 11 Dual Nature of Radiation And Matter Ch: 12 Atoms Ch: 13 Nuclei
November	REVISION
December	REVISION
January	REVISION
February	REVISION
UT1	Ch 1,2,3
UT2	Ch 4,5,6
TERM I	First book complete (chapter 1,2,3,4,5,6,7,8) Second book (chapter 9)
Practice paper I	Complete syllabus
Practice paper II	Complete syllabus

SYLLABUS (2025-26)

CLASS 12

LEARNING OBJECTIVES:

- Foster a positive scientific attitude and appreciate Chemistry's role in improving the quality of human life.
- Develop problem-solving skills while nurturing curiosity, aesthetic sense, and creativity.
- Emphasize process skills, problem-solving abilities, and real-life applications of Chemistry to make learning more relevant, meaningful, and engaging.
- Instill values of honesty, integrity, cooperation, environmental responsibility, and concern for life.

PRESCRIBED TEXTBOOKS:

- NCERT Chemistry (Part 1 & Part 2)

MONTH-WISE COURSE PLAN

Month	Theory (Chapters)	Practical
April	Chapter 1: Solutions Chapter 2: Electrochemistry	Volumetric Analysis
May	Chapter 2: Electrochemistry (Contd.) Chapter 3: Chemical Kinetics	Analysis of functional groups in organic compounds
July	Chapter 6: Haloalkanes and Haloarenes Chapter 7: Alcohols, Phenols, and Ethers	Detection of carbohydrates, proteins, and fats in food samples
August	Chapter 8: Aldehydes, Ketones, and Carboxylic Acids Chapter 9: Amines	Salt Analysis
September	Revision Chapter 10: Biomolecules	Revision
October	Chapter 4: d- and f-Block Elements Chapter 5: Coordination Compounds	Salt Analysis
November	Revision	Salt Analysis
December – February	Final Revision	Final Revision

ASSESSMENTS

Exam	Chapters Covered
Unit Test 1	Chapter 1,2
Unit Test 2	Chapter 3,6
Term I Exam	- NCERT Part 1: Chapters 1, 2, 3 - NCERT Part 2: Chapters 6, 7, 8, 9
Pre-Board I	Complete Syllabus
Pre-Board II	Complete Syllabus

SYLLABUS (2025-26)

CLASS 11

LEARNING OBJECTIVES:

- Foster a positive scientific attitude and recognize Chemistry's contributions to human life.
- Develop problem-solving skills, curiosity, and creativity.
- Promote process skills and real-life applications of Chemistry to make learning more meaningful and engaging.

PRESCRIBED TEXTBOOK:

- NCERT Chemistry (Part 1 & Part 2)

MONTH-WISE COURSE PLAN

Month	Theory (Chapters)	Practical
April	Chapter 1: Some Basic Concepts of Chemistry	Basic Laboratory Techniques
July	Chapter 2: Structure of Atom	Volumetric Analysis
August	Chapter 2: Structure of Atom (Contd.) Chapter 3: Classification of Elements and Periodicity in Properties Chapter 4: Chemical Bonding and Molecular Structure	Volumetric Analysis Determination of Anions
September	Revision for Term I Chapter 7: Redox Reactions	Determination of Anions
October	Chapter 5: Thermodynamics Chapter 6: Equilibrium	Determination of Cations
November	Chapter 6: Equilibrium (Contd.)	Preparation of Crystals
December	Chapter 8: Organic Chemistry – Some Basic Principles and Techniques	Determination of Cations
January	Chapter 9: Hydrocarbons	Determination of Cations and Anions in a Given Salt
February	Final Revision	Final Revision

ASSESSMENTS

Exam	Chapters Covered
Unit Test 1	Chapter 1
Unit Test 2	Chapter 7, 5
Unit Test 3	Chapter 6, 8
Term I Exam	Chapters 1, 2, 3, 4
Term II Exam	Complete Syllabus

CRPF Public School, Dwarka
Mathematics
Class XII
Syllabus

LEARNING OUTCOMES:-

1. To create interest in Mathematics.
2. To emphasise on the practical utility of Mathematics.
3. To develop the habit of logical reasoning among the students.
4. To appreciate the beauty of Mathematics.

Month	Course Content
March	Chapter 2-Inverse Trigonometric Functions
April	Chapter 3-Matrices Chapter 4-Determinants
May	Chapter 5-Continuity and Differentiability Chapter 6-Applications of Differentiability
July	Chapter 7-Integrals
August	Chapter 8-Applications of Integrals Chapter 9-Differential Equations
September	Revision of the syllabus covered Chapter 10-Vectors
October	Chapter 11-Three Dimensional Geometry Chapter 12-Linear Programming Chapter 13-Probability
November	Chapter 1-Relations and Functions Revision of the entire syllabus
December	Revision of the entire syllabus
January	Revision of the entire syllabus
February	Revision of the entire syllabus

BOOKS:-

Mathematics for Class XII-Part 1 (NCERT)
Mathematics for Class XII-Part 2 (NCERT)

Exam	Syllabus
UT I	Chapters 2 , 3 , 4
UT II	Chapters 5 , 6 , 7
Term I	Chapters 2 to 9
Pre board I	Entire Syllabus
Pre board II	Entire Syllabus

BIOLOGY
CLASS – XII

LEARNING OBJECTIVES:

1. To develop the understanding of various life processes of different living organisms.
2. To understand and practically apply the textual knowledge.
3. To understand the similarities and differences among different living organisms.
4. To develop the understanding of hierarchy among different living organisms.
5. To inculcate an understanding of existence of diversity among living organisms.

PRESCRIBED BOOK :-

BIOLOGY- A Text Book for Class XII (NCERT)

Month	Unit	Chapter Name	Practical
MARCH	VI- Reproduction	Ch-1: Sexual Reproduction in flowering plants. Ch2: Human Reproduction	(1) Flowers adapted to pollination by different agencies (wind, insects, birds).
APRIL	VI- Reproduction	Ch3: Reproductive Health Ch 4: Principles of Inheritance & Variation	(2) Prepare a temporary mount to observe pollen germination (3). Pollen germination on stigma through a permanent slide or scanning electron micrograph. (4) Study of controlled pollination – Emasculation, Tagging & Bagging. (5) Identification of stages of gamete development, i.e., T.S. of testis and T.S. of ovary through permanent slides (from grasshopper/mice). (6) T.S. of blastula through permanent slides (Mammalian).

MAY	VI- Reproduction VII- Genetics And Evolution	Ch 5: Molecular Basis of Inheritance Ch-6: Evolution	(7) Meiosis in onion bud cell or grasshopper testis through permanent slides
July	VII- Genetics And Evolution VIII- Biology In Human Welfare	Ch-7 Human Health and Diseases Ch-8- Microbes in Human Welfare Ch- 9 Biotechnology: Principles and Processes	(8) Flash cards models showing examples of homologous and analogous organs. (9) Prepare a temporary mount of onion root tip to study mitosis. (10) Mendelian inheritance using seeds of different colour/sizes of any plant. (11) Study prepared pedigree charts of any one of the genetic traits such as rolling of tongue, blood groups, ear lobes, widow's peak and colour blindness.
August	IX- Biotechnology	Ch10: Biotechnology and its Applications Ch- 11 Organisms and Population Ch-12 Ecosystem	(12) Identification of common disease causing organisms like Ascaris, Entamoeba, Plasmodium, any fungus causing

			ringworm through permanent slides, models or virtual images or specimens. Comment on symptoms of diseases that they cause. (13) Isolate DNA from available plant material such as spinach, green pea seeds, papaya, etc. (14) Models specimen showing symbolic association in root modules of leguminous plants, Cuscuta on host, lichens.
September	Revision		
October	<i>X. Ecology</i>	Ch-13 Biodiversity and Conservation	(15) Study the plant population density by quadrat method. (16) Study the plant population frequency by quadrat method.
November		Revision	
December		Revision + Preboard 1	
January		Discussion of pre-board 1 and sample papers along with revision	
February		Discussion of Pre-board 2 and sample papers along with sample papers	
	<u>SYLLABUS (UT/TERM WISE)</u>		
UT1	Chapter – 1,2		
TERM 1	Chapters- 1,2,3,4,5,6,7,8		
UT2	Chapter – 9, 10		
Preboard 1	Complete Syllabus		
Preboard 2	Complete syllabus		

Computer Science
CLASS-XII Code No. 083

2025-2026

Prerequisites

Computer Science- Class XI

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TextBook-

Computer Science with Python

Author- Sumita Arora

LearningOutcomes

- 1. Apply the concept of functions in python.**
- 2. Ability to create and use Python libraries.**
- 3. Apply the concept of file handling.**
- 4. Ability to use basic data structures: Stacks and Queues.**
- 5. Explain the basics of computer networks.**
- 6. Ability to use connectivity between Python and SQL.**

Month	Course Content
APRIL	DATABASES & SQL DATA COMMUNICATION & NETWORKING FUNCTIONS IN PYTHON(EXPLICIT)
MAY	STACKS & QUEUES REVIEW OF PYTHON USE OF PYTHON LIBRARIES
JULY	DATA STRUCTURES LISTS AND STRINGS

AUGUST	SHOW OUTPUT/ERRORS PRACTICE (REVISION OF CLASS XI)
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SEPTEMBER	REVISION TERM – 1
OCTOBER	DATABASE CONNECTIVITY DATA STRUCTURES LISTS AND STRINGS (ADVANCED)
NOVEMBER	DATA FILE HANDLING (TEXT, CSV) DATA FILE HANDLING (BINARY)
DECEMBER	REVISION
JANUARY	REVISION
FEBRUARY	REVISION

EXAMSCHEDULE

EXAMS	SYLLABUS
UT 1	DATABASE AND SQL NETWORKING
UT2	PYTHON FUNCTIONS AND LIBRARIES

TERM 1	DATABASES & SQL DATA COMMUNICATION & NETWORKING FUNCTIONS IN PYTHON(EXPLICIT) SHOW OUTPUT/ERRORS PRACTICE DATA STRUCTURES LISTS AND STRINGS (ADVANCED)
UT3	DATABASE CONNECTIVITY
PRACTICE PAPERS(1&2)	FULL SYLLABUS

Economics Syllabus CLASS XII (2025-26)

LEARNING OBJECTIVES:

- *To stimulate the interest of students in economics.
- *To create an understanding & awareness about the different aspects of economics.
- *To develop curiosity & a spirit of enquiry among students.

TEXTBOOK:

Part A: Indian economy and development, NCERT

Part B: Introductory Macro Economics Sandeep Garg

MONTH	COURSE CONTENT
March/April	<p>INDIAN ECONOMICS</p> <p>Chapter- 1 Indian Economy on the eve of independence</p> <p>Chapter- 2 Indian Economy 1950-1990</p> <p>Chapter- 3 Liberalisation, Privatisation and Globalisation</p> <p>MACRO ECONOMICS</p> <p>Chapter-3 Money and Banking</p> <p>Revision of UT1</p>
May	<p>INDIAN ECONOMICS</p> <p>Chapter-5 Human Capital Formation in India</p> <p>Chapter-6 Rural Development</p> <p>MACRO ECONOMICS</p> <p>Chapter-4 Government Budget</p>
July	<p>INDIAN ECONOMICS</p> <p>Chapter-7 Employment: Growth, informalization and other issues</p> <p>MACRO ECONOMICS</p> <p>Chapter-5 Balance of payment and foreign exchange rate.</p> <p>Revision of UT 2</p>
August	<p>INDIAN ECONOMY</p> <p>Chapter-8 Infrastructure</p> <p>MACRO ECONOMICS</p> <p>Chapter-5 Balance of payment (contd...)</p> <p>Revision for Term I exam</p>
September	<p>INDIAN ECONOMY:</p> <p>Chapter-9 Environment and Sustainable development</p>
October	<p>INDIAN ECONOMY</p> <p>Chapter-10 Comparative Development Experiences of India and its Neighbors</p> <p>MACRO ECONOMICS</p>

	Unit -I National income
November	MACRO ECONOMICS CHAPTER –2 Determination of income and employment Revision of Entire Syllabus
December	REVISION
January	REVISION
February	REVISION
	Syllabus
UT1	INDIAN ECONOMY Chapter- 1 Indian Economy on the eve of independence MACRO ECONOMICS Chapter- 3 Money and Banking
UT2	MACRO ECONOMICS Chapter-4 Government budget INDIAN ECONOMICS: CH- Human capital formation
TERM I	Chapter- 1 Indian Economy on the eve of independence Chapter- 2 Indian Economy 1950-1990 Chapter- 3 Liberalization, Privatization and Globalization Chapter-5 Human Capital Formation in India Chapter-6 Rural Development Chapter-7 Employment: Growth, informalization and other issues <u>Macro Economics:</u> Unit 3 Money & Banking Unit 4 Government Budget Unit 5 Balance of payment.
Pre Board I	Complete syllabus
Pre Board II	Complete syllabus

CRPF PUBLIC SCHOOL,DWARKA**Business Studies Syllabus****CLASS XII (2025-26)****LEARNING OBJECTIVES:**

- *To stimulate the interest of students in Business studies.
- *To create an understanding & awareness about the different aspects of Business studies.
- *To develop curiosity & a spirit of enquiry among students.

TEXTBOOK:

Part A: Business Studies I(NCERT)

Part A: Business Studies II(NCERT)

MONTH	COURSE CONTENT
March April	<u>PART-A Principle's & Functions of Management</u> UNIT-1 Nature & Significance of Management UNIT-2 Principles of Management Revision of UT1
May	<u>PART-A Principle's & Functions of Management</u> UNIT-3 Business Environment UNIT-4 Planning
July	<u>PART-A Principle's & functions of Management</u> UNIT-5 Organizing UNIT-6 Staffing UNIT-7 Directing Revision of UT 2
August	<u>PART-A Principle's & functions of Management</u> UNIT-7 Directing (Continued) UNIT-8 Controlling Revision for Term I exam
September	<u>PART-B Business finance & marketing</u> UNIT-9 Business Finance
October	<u>PART-B Business finance & marketing</u> UNIT-10 Financial Market UNIT-11 Marketing Management

November	UNIT-12 Consumer's Rights Revision for Entire Syllabus
December	Revision for Entire Syllabus
January	REVISION
February	REVISION
Syllabus	
UT1	CH-1 , 2
UT2	CH- 3, 4, 5
TERM 1	PART A CH (1 to 8)
Pre Board I	Complete syllabus
Pre Board II	Complete syllabus

Project on the following topics to be done in the month of June:

- *Business environment
- *Marketing Management
- *Principle's of Management
- *Financial market

CRPF PUBLIC SCHOOL, DWARKA
HISTORY
Class XII (2025-26)

LEARNING OUTCOME:-

- Students will acquire a sense of the wider historical processes as well as an idea of the specific debates around them.
- Focus on some important developments in different spheres-political, social, cultural and economic
- Enable students to relate/compare developments in different situations.
- Analyse connection between similar processes located in different time periods

TEXTBOOKS: - NCERT

Themes in Indian History Part I
Themes in Indian History Part II
Themes in Indian History Part III

Month	Course Content
March	Chapter 1-Bricks Beads and Bones- The Harappan Civilisation
April	Chapter 1- Bricks Beads and Bones- The Harappan Civilisation Chapter 2- Kings Farmers and towns – Early States and Economics
May	Chapter 3- Kinship, Caste & Class – Early Societies Chapter 4- Thinkers, Beliefs and Buildings – Cultural Developments
July	Chapter 5- Through the eyes of the travellers Chapter 6 – Bhakti- Sufi Traditions- Changes in Religious beliefs and devotional texts
August	Chapter 7- The Imperial Capital: Vijayanagar Chapter 8- Peasants, Zamindars and the State
September	REVISION TERM 1 Chapter 10- Colonialism and the Countryside
October	Chapter 11- Rebels and the Raj- 1857 Revolt and its Representatives Chapter 13- Chapter – 12 Mahatma Gandhi and the Nationalist Movement
November	Chapter 15- Framing the Constitution
December	<u>REVISION</u>
January	<u>REVISION</u>
February	<u>REVISION</u>
UT 1	Chapter 1
UT 2	Chapter 2 &3
TERM 1	Ch- 1 to 7
PRE- BOARD 1	Complete Syllabus
PRE- BOARD 2	Complete Syllabus

CRPF PUBLIC SCHOOL, DWARKA
POLITICAL SCIENCE
Class XII (2025-26)

LEARNING OUTCOME:-

- To stimulate skills of political analysis through an understanding of events and processes of recent history.
- To strengthen their capacity for political analysis by thinking of contemporary developments in a historical perspective.
- Encourage the students to understand and analyse the challenges for contemporary India.
- To inculcate attention and respect for viewpoints other than one's own.

TEXTBOOKS: - NCERT

PART A – Contemporary World Politics

PART B – Politics in India since Independence

Month	Course Content
March	<u>PART A</u> Ch-1 The End of Bipolarity
April	<u>PART A</u> Ch-1 The End of Bipolarity Ch-2- New Centres of Power
May	<u>PART B</u> Ch-1 Challenges to Nation building Ch- 2 India's Planned development <u>PART A</u> Ch-3- Contemporary South Asia
July	<u>PART A</u> Ch-4- International Organisation Ch 5 Security in Contemporary world Ch-6 Environment and natural resources
August	<u>PART</u> - Ch-7 Globalisation <u>PART B</u> Ch- 3 India's External Relations
September	<u>REVISION FOR TERM-I</u> <u>PART B</u> Ch- 4 Party and the Party System
October	PART B- Ch-5 Democratic Resurgence Ch-6 Regional aspirations Ch-8 Recent Developments in Indian Politics
November	REVISION
December	REVISION
January	REVISION
February	REVISION
UT 1	PART A- Ch 1
UT 2	PART B- Ch- 1,2
Term 1	PART A- All Chapters, PART B- Ch-1,2
PRE- BOARD I	Complete Syllabus
PRE- BOARD II	Complete Syllabus

CRPF PUBLIC SCHOOL, DWARKA
Annual Syllabus, 2025-26
Class XII
Physical Education

Learning Outcomes:

- To know and understand health and physical education concepts that enables/informed decisions for a healthy active lifestyle.
- To promote physical fitness and healthy lifestyle.
- To know the relationship between biomechanics and sports.
- To know the relationship between physiology and sports.
- To know the relationship between psychology and sports.
- to know the career options in physical education

Prescribed book: - Health and Physical Education (Saraswati Publication)

Month	Topic	Activities
April	Unit-1: Management of Sporting Event. Unit-2: Children and Women in Sports.	• Practical File work
May	Unit-3: Yoga as Preventive Measure for Lifestyle Disease. Unit-4: Physical Education and Sports for CWSN	• Practical File Work
July	Unit-5: Sports and Nutrition. Unit-6: Test & Measurement in Sports.	• Practical File Work
August	Unit-7: Physiology and Injuries in sports. Unit-8: Biomechanics and Sports.	• SAI Khelo India Test.
September	Revision	• SAI Khelo India Test.
October	Unit-9: Psychology and Sports. Unit-10: Training in Sports.	• SAI Khelo India Test.
November	Revision	• SAI Khelo India Test.
December	Revision	• SAI Khelo India Test.
January	Revision	• SAI Khelo India Test.
February	Revision	• SAI Khelo India Test.

Exam	Syllabus
UT – 1	Unit – 1 & 2
UT – 2	Unit – 3 & 4
Term – 1	Unit – 5,6,7 & 8
Pre-Board	Full Syllabus

CRPF PUBLIC SCHOOL, DWARKA
Annual Syllabus, 2025-26
Class XI
Physical Education

Learning Outcomes:

- To know and understand health and physical education concepts that enables/informed decisions for a healthy active lifestyle.
- To promote physical fitness and healthy lifestyle.
- To know the relationship between biomechanics and sports.
- To know the relationship between physiology and sports.
- To know the relationship between psychology and sports.
- to know the career options in physical education

Prescribed book: - Health and Physical Education (Saraswati Publication)

Month	Chapter Name	Practicals
April	Unit – 1: Changing Trends & Career in Physical Education.	Practical File work
July	Unit – 2: Olympic Value Education Unit – 3: Yoga	Practical File Work
August	Unit – 4: Physical Education for CWSN Unit -5: Physical Fitness, Wellness and Lifestyle	Practical File Work
September	Unit – 6: Test, Measurement & Evaluation	SAI Khelo India Test.
October	Unit – 7: Fundamental of Anatomy, Physiology in Sports.	SAI Khelo India Test.
November	Unit – 8: Fundamentals of Kinesiology an Biomechanics in Sports	SAI Khelo India Test.
December	Unit – 9: Psychology & Sports	SAI Khelo India Test.
January	Unit – 10: Training and Doping in Sports	SAI Khelo India Test.
February	REVISION	SAI Khelo India Test.

Exam	Syllabus
TERM 1	Chapter 1,2,3,4 and 5
UT 1	Chapter 1 and 2
UT 2	Chapter 3 and 4
UT 3	Chapter 6 and 7
Final Term	Complete Syllabus